Important Notes:

This resource guide was prepared for advocates who assist CAM parolees. This guide provides a general overview of the types of benefits that CAM parolees may qualify for and locates helpful resources and services within each region. It is not an exhaustive guide. Particular circumstances of a client (e.g., pregnancy, HIV/AIDS, domestic violence, etc.) may qualify them for additional benefits that are not covered in this overview.

This guide also includes references to “undocumented individuals” in case it is relevant to the CAM parolees’ other family members. To be clear, CAM parolees and their parent(s) are “documented.” CAM parolees have status under INA § 212(d)(5), 8 U.S.C. § 1182(d)(5) (discretionary parole for “urgent humanitarian reasons or significant public benefit”) and at least one of their parents must have had status (e.g., Temporary Protective Status/TPS or Lawful Permanent Resident/LPR, etc.) to have been eligible for the CAM program.

Information in this resource guide is not intended as, nor should it be considered, legal advice. Information in this guide is subject to change and should be verified with state and local agencies to ensure accuracy. That an organization, agency, or a program is listed in this resource guide does not imply an endorsement by either IRAP or IRC.

About CAM Parolees and this Guide

CAM parolees are minors from El Salvador, Guatemala, and Honduras who had a parent lawfully present in the United States, and who, while still in their home country, applied for the Central American Minors (CAM) program to be considered for refugee resettlement in the United States. CAM parolees were previously determined to be ineligible for refugee status and then considered and approved by the United States Citizenship and Immigration Services (USCIS) to enter the United States under parole.
Though the parole portion of the CAM program was terminated in August 2017, a 2019 court settlement in the case S.A. v. Trump re-opened the CAM program for about 2,700 people who had been conditionally approved for parole before the program ended. Consequently, beginning in 2019, hundreds of CAM families who were conditionally approved for parole, but had not traveled before the Trump Administration ended the program, are entering the United States.

Unlike refugees, CAM paroles do not receive resettlement assistance upon their arrival. Therefore, this guide provides a general overview of the benefits, services, and other resources for CAM paroles as they settle into their new lives in the United States.

General Instructions for this Guide

Federal Benefits: CAM paroles who have been paroled into the United States for at least one year¹ are included within the federal definition of “qualified aliens”.² However, CAM paroles are not eligible to receive federal means-tested public benefits³ during the first five years of being in the United States. One important exception is the Supplemental Nutrition Assistance Program, or SNAP (formerly known as ‘food stamps’), which is available to all “qualified” immigrants under the age of 18 years old.⁴

State Benefits: States have the ability to decide whether or not to extend benefits to qualified aliens during this five-year period, and some states do allow qualified aliens to be eligible for certain state public benefits. Paroles may be eligible to apply for some state benefits as “qualified aliens,” “qualified noncitizens,” “qualified immigrants,” or as individuals having “Permanent Residence Under Color of Law” (PRUCOL). Each state may use a different public benefits eligibility category and may use different terms depending on the type of the benefit as well.

*Note on COVID-19*: Some resources in this guide were compiled before the COVID-19 pandemic. Where possible, the guide notes any changes in services due to the pandemic. Please make sure to check the organization/agency website or contact them directly for any updates.

¹ CAM parole lasts for two years. If a CAM parolee was granted less than two years of parole, please direct them to contact the IRC CAM Hotline at (917) 410-7546.
³ With certain exceptions, such federal benefits include Temporary Assistance for Needy Families (TANF), Supplemental Nutrition Assistance Program (SNAP), and Federal Medicaid.
Helpful Tips

- Ensure that CAM parolees understand that documents proving their legal presence in the United States as well as their age and identity will be necessary to apply for public benefits. Many benefits will require applicants to have a Social Security Number (SSN).⁵
- Before they apply for public benefits, ensure that CAM parolees seek legal assistance from a qualified immigration attorney to determine eligibility for certain benefits and to flag possible adverse consequences to admissibility for future immigration applications.⁶ You may also want to direct them to the local welfare or social services agency, which may be able to provide greater assistance in determining eligibility.

Encourage CAM parolees to do the following as soon as possible:

- Seek an immigration attorney:
  - To file a Form I-765 to apply for work authorization/Employment Authorization Document (EAD) and a Social Security Number (SSN);
  - To determine eligibility for certain public benefits and possible adverse consequences to admissibility for future immigration applications; and
  - To determine eligibility for more permanent immigration relief, such as asylum. Please note that there are deadlines for filing (e.g., asylum applications generally should be filed within one year of arrival to the United States).

- Apply for an identification card, such as a state driver’s license or state ID.

---

⁵ As noted below, CAM parolees may apply for a SSN at the same time that they apply for an Employment Authorization Document (EAD) in their Form I-765 application. If a SSN is required to apply for certain public benefits, the benefits provider should be able to provide more information.

⁶ Accessing public benefits as a CAM parolee will not affect their current parole status, nor be an issue if the CAM parolee adjusts to a permanent status based on asylum. However, if the CAM parolee wants to apply via family-based, employment, or another nonexempt category in the future, public charge may be evaluated as to their admissibility. Though benefits granted while in parole status may be disregarded, it is important for individuals to confer with a reputable immigration attorney to advise them before enrolling for a benefits program.
Work Authorization: In order to work in the United States, CAM parolees must obtain work authorization by applying for an Employment Authorization Document (EAD). An immigration attorney can assist with this. To apply for an EAD, CAM parolees must file a Form I-765 and must select the category c(11), “Paroled in the Public Interest.” If the application is approved, the CAM parolee will receive an EAD valid up to the expiration date of parole. In the same application, a CAM parolee may also apply for a Social Security Number (SSN).

Food and Cash Assistance: Please note that the receipt of federal, state, or local food or cash benefits may have implications for future applications for adjustment of status and for permanent immigration status. It is important for parolees to understand that receiving certain benefits may have adverse consequences on their admissibility for future immigration applications. If unsure about whether to apply for and receive cash benefits, CAM parolees should consult a local immigration attorney, or a public benefits attorney, as soon as possible.

State Driver’s Licenses/Identification Documents: The REAL ID Act of 2005 mandated requirements regarding state-issued identification documents used for federal purposes such as boarding flights at U.S. airports or accessing federal buildings and U.S. military bases. It also stipulated which categories of non-citizens would be eligible for documents issued under the new requirements and mandated verification of qualified immigrant status. According to the law, parolees are not among the categories of non-immigrants who qualify for REAL ID compliant documents. Most states have come into compliance with REAL ID requirements. However, some states have opted to issue alternative driver’s licenses to those who do not qualify under REAL ID requirements. This has resulted in different eligibility criteria and documentary requirements for parolees seeking ID/driver’s licenses depending on their state of residence. This guide attempts to provide the best available information for each of the states covered, but information is subject to change and should be verified by the respective state agencies issuing ID/driver’s licenses.

---

7 For more information on which public benefits may result in admissibility on public charge grounds. See Public Charge Fact Sheet, U.S. Citizenship and Immigration Services, February 27, 2020.

8 As of this writing, all states, except for Oregon and Oklahoma, have come into compliance with REAL ID requirements. Due to the COVID-19 pandemic, the Government extended the deadline for compliance until October 1, 2021. See https://www.dhs.gov/real-id.
# Table of Contents

About CAM Parolees and this Guide ................................................................. i

General Instructions for this Guide ............................................................. ii

Helpful Tips .................................................................................................. iii

**State Benefits** .......................................................................................... 1

- Food Assistance ....................................................................................... 1
- Temporary Cash Assistance ..................................................................... 2
- Medical Assistance .................................................................................. 3
- Primary/Secondary School Enrollment (children ages 6-17 years old) .......... 4
- Post-Secondary Tuition Assistance .......................................................... 4
- State ID/Driver’s License ........................................................................ 5

**Local (City/County-Specific) Resources in Northern California** .......... 6

- **Oakland, California** .......................................................................... 6
  - General Social Services ....................................................................... 6
  - English Language Programs ................................................................ 6
  - Job Training & Career Counseling Programs ...................................... 8
  - Assistance with Public School Enrollment & English/Special Ed Services ... 10
  - Mental Health Services ...................................................................... 11
  - Immigration Legal Services .................................................................. 12
  - Immigration Legal Services: Work Authorization ................................. 13
  - General Legal Services ........................................................................ 14
  - Local Community Groups ..................................................................... 14

- **Sacramento | Arden-Arcade | Roseville, California** ............................ 16
  - General Social Services ....................................................................... 16
  - English Language Programs ................................................................ 17
  - Job Training & Career Counseling Programs ...................................... 19
  - Assistance with Public School Enrollment & English/Special Ed Services ... 20
San Francisco, California

San Jose, California
## State Benefits

<table>
<thead>
<tr>
<th>Service</th>
<th>Eligibility</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Food Assistance</strong></td>
<td>CalFresh/SNAP</td>
</tr>
<tr>
<td><strong>Temporary Cash Assistance</strong></td>
<td>CalWORKS</td>
</tr>
<tr>
<td><strong>Medical Assistance</strong></td>
<td>Medi-Cal</td>
</tr>
<tr>
<td><strong>Post-Secondary Tuition Assistance</strong></td>
<td>Eligible - Cal Grant/FAFSA</td>
</tr>
<tr>
<td><strong>Driver’s License/State ID</strong></td>
<td>Eligible</td>
</tr>
</tbody>
</table>

## Food Assistance

For urgent food assistance, **contact or visit a food bank in the county**. See [https://www.cdss.ca.gov/food-banks](https://www.cdss.ca.gov/food-banks).

For more food resources in the Bay Area, such as free meals and groceries and CalFresh/WIC retailers, see [https://www.bayareacommunity.org/#/](https://www.bayareacommunity.org/#/).

### CalFresh

*California’s food assistance program for low-income households which provides each person in an eligible household with up to $192 each month to spend on food from a grocery store or other market.*

**Eligibility:** Parents of CAM parolees may apply on behalf of their children for CalFresh benefits. CalFresh does not share immigration information with ICE.

---


10 Bay Area cities include Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Solano, and Sonoma.
How to Apply:

- Apply in-person at a county CalFresh office (for locations, see https://calfresh.dss.ca.gov/food/officelocator/).
- Or online at: https://www.getcalfresh.org/?source=dssfood (English) or https://www.getcalfresh.org/?new_locale=es&source=dssfood (Español).

Applicants must demonstrate income and immigration status:
- Proof of Income: Copy of ID, any proof of income from the last 30 days (e.g., checks or pay stubs), and any receipts or rental agreements showing how much spent on rent and childcare each month.
- Immigration Status: Copy of green card, naturalization papers, or most recent immigration paperwork for any of the following: U Visa, T Visa, Asylum, Refugee or Parolee status, or VAWA petition.

After an application is filed, a social worker will schedule an interview over the phone or in-person at a county office. Once approved, applicant will receive EBT card and benefits in 30 days.

## Temporary Cash Assistance

### CalWORKs

*Also known as “welfare” or “TANF,” CalWORKS is California’s monthly cash assistance program for unemployed parents and their children. Cash assistance depends on income, assets, family size, and living situation. Cash assistance may be deposited to a bank account or EBT card, which can be used to withdraw cash.*

**Eligibility:**

Low-income families with children under 18 years old, where one or both of the parents are absent, disabled, deceased, or unemployed. If children are between 6-17 years old, they must be enrolled in school. Parents, grandparents, or other caretakers of CAM parolees can apply for CalWORKs benefits. Minors can also apply for benefits if neither parent is available.

**How to Apply:** Enroll online at http://www.benefitscal.org.

Applicants must demonstrate income, immigration status, assets, and living expenses:

- **Proof of Income:** Copy of ID, most recent paycheck, and any other documents showing grants, benefits, or income (e.g., alimony checks, or Social Security, Unemployment, Disability, or Veterans benefits letters).
● **Immigration Status:** Copy of green card, naturalization papers, or most recent immigration paperwork for any of the following: U Visa, T Visa, Asylum, Refugee or Parolee status, or VAWA petition.

● **Assets:** Copies of most recent bank statements, property deeds, car titles, vehicle registrations, or any other documents proving ownership of property.

● **Living expenses:** Receipts, rental agreements, and medical bills showing how much is spent on rent, living expenses, childcare, and medical expenses each month.

## Medical Assistance

For additional medical assistance resources in the Bay Area, see [https://www.bayareacommunity.org/#/](https://www.bayareacommunity.org/#/).

### Medi-Cal

*Also known as “Medicaid,” Medi-Cal is California’s public health insurance program. It pays for check-ups, hospital visits, surgeries, therapy, emergency room visits, and other medical, physical, and mental health care.*

**Eligibility:** All low-income residents of California qualify for Medi-Cal. For example, a family of four qualifies for Medi-Cal if the family’s income is less than approximately $33,500 per year. The only way to know for certain if a family qualifies for Medi-Cal is by applying.

**How to Apply:**

- **Enroll online** at: [https://www.coveredca.com](https://www.coveredca.com) (English) or [https://www.coveredca.com/espanol/](https://www.coveredca.com/espanol/) (español).
- **Or in person, at a county office:** [https://www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx](https://www.dhcs.ca.gov/services/medi-cal/Pages/CountyOffices.aspx)
- **Or by phone:** [https://www.coveredca.com/find-help/contact/](https://www.coveredca.com/find-help/contact/)

---

11 Bay Area cities include Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Santa Clara, Solano, and Sonoma.

12 Undocumented immigrants qualify for partial Medi-Cal coverage. That means Medi-Cal will help pay for some of your medical expenses, but not all. An undocumented parent may still apply because their children will qualify for full Medi-Cal benefits.
Applicants must demonstrate income, immigration status, residence, and assets:

- **Income**: Copy of ID, most recent paycheck, most recent tax return, or any other documents showing grants, benefits, or income (e.g. alimony checks, or Social Security, Unemployment, Disability, or Veterans benefits letters).
- **Immigration Status**: Copy of green card, naturalization papers, or most recent immigration paperwork for any of the following: U Visa, T Visa, Asylum, Refugee or Parolee status, or VAWA petition.
- **Residence**: Driver’s license, utility bill, paycheck stub, rental agreement, or any other document that demonstrates residency in California.
- **Assets**: Copies of most recent bank statements and vehicle registration.

**Primary/Secondary School Enrollment (children ages 6-17 years old)**

Every school district has its own process for enrolling new students. *The easiest way to enroll a child is to go to the closest school and ask the office how to enroll.* All children have a right to attend school in the U.S., regardless of their immigration status. School is mandatory for all children 6-17 years old in California.

**Post-Secondary Tuition Assistance**

**Cal Grant**

_Money for college that does not have to be paid back. May be used at nearly any California university or technical school to help pay for your 2- or 4-year college degree._

**Eligibility:** CAM parolees are eligible to apply for Cal Grants to fund their college studies. Cal Grants are awarded based on need: the California Student Aid Commission calculates the grant based on how much college costs and how much the applicant can pay. The applicant must have a minimum 2.00 high school GPA to qualify.

**How to Apply:** Apply at the FAFSA website [https://studentaid.gov/h/apply-for-aid/fafsa](https://studentaid.gov/h/apply-for-aid/fafsa) (click on “MENU” and then select español).

File a federal FAFSA form used by nearly all states and universities in America to calculate and award financial aid. Most universities use the information entered in the FAFSA to determine qualification for the Cal Grant as well as additional grants or loans. A high school counselor will also need to fill out a form and submit the student’s GPA to the California Student Aid Commission at [https://www.csac.ca.gov/post/cal-grant-gpa-verification-form](https://www.csac.ca.gov/post/cal-grant-gpa-verification-form).
State ID/Driver’s License

A CAM parolee may apply for an official California State ID from the Department of Motor Vehicles (DMV) if they do not plan on driving. Otherwise, a California Driver’s License is required to drive in California (a license from a CAM parolee’s home country cannot be used).

Eligibility: Driver’s Licenses and State IDs are available to all California residents, regardless of immigration status.

How to Apply: Pass a written exam, a vision test, and a driving test to get a Driver’s License. Apply for a Driver’s License or official state ID at the local DMV office:
https://www.dmv.ca.gov/portal/dmv/detail/fo/offices/toc_fo.

Applicants must provide fingerprints, and proof of identity and residency:
- Proof of Identity: E.g., I-94, a passport, a birth certificate, or other immigration or ID document.
- Proof of Residence: E.g., copy of lease, a utility or phone bill, a court document, a pay stub, a bank statement, a document from shelter, etc.
- Fingerprints: The DMV office will take fingerprints at the appointment.
Local (City/County-Specific) Resources in Northern California

Oakland, California

General Social Services

Alameda County Social Services
Social services hub with local office in Oakland. Offers general information on housing, medical assistance, physical abuse resources, and food assistance.

2000 San Pablo Ave, Oakland, CA 94612
Call 2-1-1 for general social services.
Alamedasocialservices.org
Directory of specific phone numbers:
https://www.alamedasocialservices.org/public/contact_us/hotlines_and_services.cf

City of Oakland Department of Human Services
Community housing and financial services, child care, senior services, and child and youth services.

150 Frank H Ogawa Plaza, 4th Floor, Oakland, CA 94612
(510) 238-3121
https://www.oaklandca.gov/departments/human-services

English Language Programs

For a master list of free or low-cost immigration referral services compiled by East Bay Refugee Forum and Refugee Transitions, see http://eastbayrefugeeforum.org/wp-content/uploads/2016/02/ESL_classes.pdf.

Catholic Charities of the East Bay
Social services organization that provides family literacy services, including ESL classes for adults and children.

433 Jefferson Street, Oakland, CA 94607
(510) 768-3100
https://www.cceb.org/
Harbor House Ministries  
Safe house that provides services to immigrants, refugees, and asylum seekers, including adult English language classes for beginner and intermediate speakers. Also provides after school programs and tutoring for teens and school-age children.

1811 11th Ave. Oakland, CA 94606  
(510) 534-0165  
http://hhministries.org/

Lao Family Community Development, Main Office  
Organization that serves various immigrant communities, including Spanish speakers, and provides ESL classes for beginners. Waiting list used; space is limited.

2325 E. 12th Street, Suite 226, Oakland, CA 94601  
(510) 533-8850  
https://lfcd.org/

Las Casas English as a Second Language, Oakland  
Program started by the Dominican Sisters of Mission San Jose that offers five levels of English language instruction classes for adults from September through May.

Cristo Rey de la Salle High School  
1530 34th Avenue, Oakland, CA 94601  
(510) 842-3070  
lascasasoakland@gmail.com  
https://www.lascasasoakland.org/

Oakland Unified School District  
Provides ESL Family Literacy for parents with children enrolled in Oakland Public Schools (and computer literacy classes). Provides ESL Citizenship classes for adults 18 and over preparing to take the U.S. Citizenship and Immigration Services naturalization interview and test.

Adult and Career Education  
2607 Myrtle Street, Room 122, Oakland, CA 94607  
(510) 273-2310  
https://www.ousd.org/oace
Refugee and Immigrant Transitions, Oakland Office
Non-profit organization that offers home-based tutoring, English language and literacy classes, and school-based programs. For school-aged individuals, these school-based programs include socioemotional support and mentoring. Make an appointment by phone or email before going to an office. 1811 11th Avenue, Oakland, CA 94606
   (415) 989-2151
   info@reftrans.org
   https://www.reftrans.org/

Spanish Speaking Unity Council
Non-profit organization that provides family services, youth mentoring and career services, affordable housing services, career and financial services, and ESL courses to low-income communities. Offered at six locations in Oakland.
   1900 Fruitvale Avenue, Suite 2A, Oakland CA 94601
   (510) 535-6900
   https://unitycouncil.org

Job Training & Career Counseling Programs
See Immigration Legal Services for organizations that assist with Work Authorization.

1951 Coffee Company, Rockridge Cafe
Non-profit specialty coffee organization. Provides job training and employment to refugees, asylees, and special immigrant visa holders and employees. The application can be found at https://www.1951coffee.com/recruitment-partners.
   6021 College Avenue, Oakland, CA 94618
   (510) 280-6171
   https://1951coffee.com

The Bread Project
Non-profit baking company that provides job training and employment to low-income communities with high barriers to employment, including refugees and immigrant populations. Offers a specialized 3-week bakery job training where graduates are connected to job opportunities and 12 months of personalized support services, including career counseling and coaching, application assistance, referrals, and supplemental training.
   1615 University Ave., Berkeley, CA 94703
   (510) 594-1702
   https://breadproject.org
Catholic Charities of the East Bay
Provides housing services, human trafficking services, immigration legal services, mental health assistance, in-home case managers, family literacy, and job training and assistance.
433 Jefferson Street, Oakland, CA 94607
(510) 768-3100
https://www.cceb.org/

Diversity in Health Training Institute
Provides support to immigrants in pursuing their healthcare career aspirations through professional skills workshops and networking. Also provides scholarships and mentoring.
1900 Embarcadero, Suite 305, Oakland, CA 94606
(510) 838-1110
info@dhti.org
http://dhti.org/

Lao Family Community Development, Main Office
Houses the America’s Job Center of California, CalWORKs, and family support services. Also provides small business services and ESL classes.
2325 E. 12th Street, Suite 226, Oakland, CA 94601
(510) 533-8850
https://lfcd.org/

Spanish Speaking Unity Council
Family services, youth mentoring and career services, affordable housing services, career and financial services, ESL courses. Offered at six locations in Oakland.
1900 Fruitvale Avenue, Suite 2A, Oakland CA 94601
(510) 535-6900
https://unitycouncil.org

Upwardly Global
Provides an immigrant professional employment program that helps refugees, asylees, and special immigrant visa holders assistance in finding a job. Provides core training, networking, online trainings and tools, industry licensing guides, and coaching.
582 Market Street, Suite 1207, San Francisco, CA 94104
(415) 834-9901
https://www.upwardlyglobal.org/
**Assistance with Public School Enrollment & English/Special Ed Services**

**English Language Learner and Multilingual Achievement (ELLMA) Office**
Offers assistance with school enrollment in Oakland Public Schools and school choice, family orientation, translation and interpretation services, school supplies and transportation assistance, referrals for academic and enrichment programs including tutoring and job training, ESL programming, summer offerings, special education services, and case management including trauma service coordination

First point of contact: Nate Dunstan, Program Manager, Refugee & Newcomers
Oakland Unified School District
746 Grand Ave, Room E, Oakland, CA 94610
(510) 273-1661 | nathaniel.dunstan@ousd.org

**Harbor House Ministries**
Provides adult English language classes for beginner and intermediate speakers. Also provides after school programs and tutoring for teens and school-age children.

1811 11th Ave. Oakland, CA 94606
(510) 534-0165
http://hhministries.org/

**Oakland Adult and Career Education**
Provides free GED classes for adults 18+.

2607 Myrtle Street, Room 122, Oakland, CA 94607
(510) 273-2310
https://www.ousd.org/domain/5417

**Oakland International High School**
Provides basic computer literacy classes. Priority given to family members of Oakland International High School students.

4521 Webster Street, Oakland, CA 94609
(510) 842-6592

**Oakland Technology Exchange West**
Provides free computers to Oakland schools students in grades 6-12 after a 3-hour computer course.

(415) 989-2151
www.otxwest.org

Version as of June 2020
**OUSD Refugee and Asylee Student Assistance Program**

**Transitional Students and Families Unit**

*Enrollment assistance for elementary, middle, and high school students. Provides school supplies and transportation assistance, parent workshops, academic counseling, summer programming, and on-site assistance.*

  Contact: Juan Vaca  
  (510) 273-1653  
  juan.vaca@ousd.org  
  https://www.ousd.org/Domain/153

---

**Paralta Community College System**

*Local community colleges.*

  333 East 8th Street, Oakland, CA 94606  
  (510) 466-7200  
  http://web.peralta.edu

---

**Refugee and Immigrant Transitions, Oakland Office**

*Offers early childhood education programs for children 18 months - 5 years. Includes interpersonal, motor, problem-solving, and language skills assistance. Make an appointment by phone or email before going to an office.*

  1811 11th Avenue, Oakland, CA 94606  
  (415) 989-2151  
  info@reftrans.org  
  https://www.reftrans.org/

---

**Mental Health Services**

Master directory of service providers available online at [http://www.acbhcs.org/provider_directory/](http://www.acbhcs.org/provider_directory/) or by phone at 1-800-491-9099.

For additional mental health resources in the Bay Area, see [https://www.bayareacommunity.org/#/](https://www.bayareacommunity.org/#/).

**Alameda County Behavioral Health Care Services**

*Acute psychological distress assistance. Client visited within 24-hours of initial call, but interpretation services are limited.*

  1-800-491-9099  
  www.acbhcs.org
Catholic Charities of the East Bay
*Provides housing services, human trafficking services, immigration legal services, mental health assistance, in-home case managers, family literacy, and job training and assistance.*

433 Jefferson Street, Oakland, CA 94607
510-768-3100
https://www.cceb.org/

Crisis Support Services of Alameda County, 24-hour crisis line
*Trained crisis intervention counselors are available to receive crisis calls and give supportive counseling 24 hours a day, every day. Translation is available in more than 140 languages.*

1-800-309-2131
www.crisissupport.org/programs/crisis-line

**Immigration Legal Services**

For a master list of free or low-cost immigration referral services compiled by East Bay Community Law Clinic, see https://ebclc.org/wp-content/uploads/2015/08/EBCLC_Immigration-Referrals_04.2015.pdf. Many of the private attorneys listed require a fee.

For more resources compiled by the Immigration Advocates Network that assists immigrants, refugees, and asylees find free or low-cost legal services, see www.immigrationlawhelp.org.

Bay Area Legal Aid
*Provides general benefits assistance, consumer protection, and domestic violence and sexual assault prevention. Also provides immigration assistance with visa petitions.*

1735 Telegraph Avenue, Oakland, CA 94612
(510) 633-4755
https://baylegal.org/

Catholic Charities of the East Bay
*Provides housing services, human trafficking services, immigration legal services, mental health assistance, in-home case managers, family literacy, and job training and assistance.*

433 Jefferson Street, Oakland, CA 94607
(510) 768-3100
https://www.cceb.org/
Centro Legal de la Raza
Legal services agency committed to protecting and advancing the rights of low-income immigrant communities through bilingual legal representation, education, and advocacy. Provides pro bono immigration legal services including asylum and U-visas.
   3400 E 12th St, Oakland, CA 94601
   (510) 437-1554
   https://www.centrolegal.org/immigrants-rights/

Immigration Institute of the Bay Area, Oakland
Assists with Employee Authorization Document applications, family reunification services, citizenship services, and deportation defense. Provides drop-in consultations for $30, appointment consultations for $60.
   476 3rd Street, Oakland, CA 94607
   (510) 451-2846
   oakland@iibayarea.org
   iibayarea.org

International Rescue Committee
Provides refugee resettlement services, information and referral, assistance with family reunification, and various immigration and citizenship assistance, such as adjustment of status, consular processing, employment authorization and family-based petitions.
   440 Grand Ave., Suite 500, Oakland, CA 94610
   (510) 452-8222
   https://www.rescue.org/united-states/oakland-ca

Immigration Legal Services: Work Authorization

Immigration Institute of the Bay Area
Assists with Employee Authorization Document applications, family reunification services, citizenship services, and deportation defense.
   Oakland Office
   476 3rd Street, Oakland, CA 94607
   oakland@iibayarea.org
   (510) 451-2846 Ext. 301
   https://iibayarea.org/
General Legal Services

For additional legal resources in the Bay Area, see https://www.bayareacommunity.org/#

Bay Area Legal Aid
Provides general benefits assistance, consumer protection, and domestic violence and sexual assault prevention. Also provides immigration assistance with visa petitions.
   1735 Telegraph Avenue, Oakland, CA 94612
   (510) 633-4755
   https://baylegal.org

Catholic Charities of the East Bay
Provides housing services, human trafficking services, immigration legal services, mental health assistance, in-home case managers, family literacy, and job training and assistance.
   433 Jefferson Street, Oakland, CA 94607
   (510) 768-3100
   https://www.cceb.org/

East Bay Community Law Center
Provides general housing and benefits assistance. Also provides immigration assistance including naturalization, waivers, deportation defense, criminal convictions, T and U visas, and adjustment of status.
   2921 Adeline St, Berkeley, CA
   (510) 548-4040
   info@ebclc.org
   https://ebclc.org/

Local Community Groups

Catholic Charities of the East Bay
Provides housing services, human trafficking services, immigration legal services, mental health assistance, in-home case managers, family literacy, and job training and assistance.
   433 Jefferson Street, Oakland, CA 94607
   (510) 768-3100
   https://www.cceb.org/
**East Bay Refugee and Immigrant Forum**
Coalition of 35 agencies and organizations assisting arrivals. Assists with asylum orientation, domestic violence, education and tutoring, employment, emergency food and housing, health care, income tax preparation, legal services, mental health, senior citizens, vital documents, and transportation. Contact via email or through the site.

  - eastbayrefugeeforum@gmail.com
  - http://eastbayrefugeeforum.org

**Refugee and Immigrant Transitions, Oakland Office**
Offers a broad range of education, English, family engagement, and community programs. Of special interest is the Women’s Initiative that includes education for mothers and their young children. Make an appointment by phone or email before going to an office.

  - 1811 11th Avenue, Oakland, CA 94606
  - (415) 989-2151
  - info@reftrans.org
  - https://www.reftrans.org/
Community Resource Project, Inc. (CRP, Inc.)
Non-profit based in Sacramento, founded in 1972 by three Latino community leaders, to provide services to the low-income communities, including employment training, housing, health, and education services.
250 Harris Avenue, Sacramento, CA 95838
(916) 567-5220
info@communityresourceproject.org
https://www.communityresourceproject.org/

Family Resource Center – Folsom Cordova Partnership (Rancho Cordova)
Offers parenting workshops, activities for children, support groups, crisis intervention, and community events. Provides legal assistance, food lockers, general counseling, Medi-Cal eligibility and application, Covered California education, housing referrals, career centers, clothing closets, youth activities, low cost internet, and free cell phones.
10665 Coloma Road Ste. 200, Rancho Cordova, CA 95670
(916) 361-8684
http://www.thefccp.org/family-resource-center

La Familia
Offers parenting classes, resources, and support services for children and families. Also provides educational opportunities, leadership development, and positive reinforcement activities through various youth programs.
5523 34th Street, Sacramento, CA 95820
(916) 452-3601
info@lafcc.org
https://lafcc.org/

Opening Doors, Inc.
Empowers refugees, immigrants, human trafficking survivors, and under-served Sacramento area residents to achieve self-sufficiency by accessing opportunities to economic and social systems. Provides safe places, skills development, business loans, and connections to community resources, in order to assist clients with building financial and personal assets while maintaining their cultural identity and individual goals.
Sacramento area, California

English Language Programs

World Relief Sacramento
Provides employment services, English language training, immigration legal services, and after-school programming for children and youth.
4616 Roseville Rd. Suite 107, North Highlands, CA 95660
(916) 978-2650
https://worldreliefsacramento.org/

English Language Programs

Charles A Jones Career and Education English as a Second Language Classes (Free)
Offers ESL classes from beginning literacy to intermediate high in morning (8:30-11:30 am Monday-Friday) and afternoon (12:00 noon-3:00 pm Monday-Friday). Also offers citizenship classes. (ESL, adult basic education, and citizenship classes are free).
5451 Lemon Hill Avenue, Sacramento, CA 95824
(916) 395-5800
https://caj.scusd.edu/program-study/english-second-language-esl

Folsom Cordova Adult School
Offers ESL (beginning low to advanced/vocational) and citizenship classes for adults who want to improve their English skills. All classes integrate reading, writing, listening, speaking, and technology. Students must initially register at the school and attend an orientation session. Three locations—Theodore Judah Elementary, Cordova Meadows Elementary, and White Rock Elementary—with varied schedules.
10850 Gadsten Way (C1), Rancho Cordova, CA 95670
(916) 294-9106
https://www.fcusd.org/adulted

Highlands Community Charter School/Opening Doors
English language classes Monday-Friday for adults 22 and up. Session are 8:00 am-12 pm, 1:00 pm-5:00 pm, or 5:00pm-9:00 pm. To enroll in classes, contact Opening Doors at (916) 492-2591 ext. 217.
1111 Howe Ave, Suite 655, Sacramento, CA 95825
(916) 492-2591

Version as of June 2020
Natomas Discovery High School (Free)
Offers beginner/intermediate or intermediate/advanced English language courses that emphasize listening, reading, writing and speaking in English as it relates to everyday life in familiar and unfamiliar situations and tasks. Classes are Tuesdays and Thursdays:
Beginning/Intermediate: 5 – 8 p.m or Intermediate/Advanced: 5 – 8 p.m. Call to register.
3401 Fong Ranch Rd., Sacramento, CA 95835
(916) 928-5220 (available 7:30a-3:30p Monday-Friday)
jdeanda@natomasunified.org
https://natomasunified.org/dhs/adult-education/english-as-a-second-language-esl/

Sacramento ESL Program/Fruit Ridge Community Collaborative (Varied)
Offers English classes three nights a week or free conversation classes on Thursdays. To enroll, call number below.
4625 44th Street, Room 12 (Corner of 23rd Ave), Sacramento, CA 95820
(916) 314-3301
seslprogram@gmail.com
https://www.sacramentoeslprogram.org/

Sacramento Food Bank and Family Services (SFBS) (Free)
SFBFS offers five different levels of day and evening ESL courses to those who wish to improve their English language skills. Must attend orientation and take a placement test before signing up.
Oak Park Facility, 3333 3rd Ave, Sacramento, CA 95817; or
Sacca Community Learning Center, 2469 Rio Linda Blvd, Sacramento, CA 95815
(916) 456-1980 Ext. 2641 (Contact: Max Villalva)
https://www.sacramentofoodbank.org/adult-learning

Sacramento Library
Occasionally offers sessions of free ESL classes with childcare provided. Monitor their website.
828 I Street, Sacramento, CA 95814 (main branch, multiple locations listed on website)
(916) 264-2920
https://www.saclibrary.org/Events/English-(ESL)-Class-for-Adults-(19)
Sierra College (Free)
Offers small, tuition-free English classes that incorporate American culture and history, social justice, the environment, and steps to college. (Brochures available in Spanish).
   Rocklin Campus, 5100 Sierra College Blvd, Rocklin, CA 95677
   (916) 660-8000
   https://academics.sierracollege.edu/english-second-language-esl

Washington Adult School (Free)
Classes provide instruction for individuals who want to learn or improve their English language proficiency. Students who do not speak English as their first language will learn reading, writing, speaking and listening skills. Students take an exam for placement from English literacy to advanced.
   9191 Westacre Road, West, Sacramento, CA 95691
   (916) 375-7740 ext. 3626
   http://was.wusd.k12.ca.us/Programs/English-as-a-Second-Language-ESL---Citizenship/index.html

Job Training & Career Counseling Programs

See Immigration Legal Services for organizations that assist with Work Authorization.

La Familia - Employment and Adult Education
Training Center and Employment Services available to all community members. Trainings are linked with employment services, life skill workshops, assessments and employer workshops. Also provides basic computer classes offered in English and Spanish and referrals to outside partners for additional education, training and classes.
   5523 34th Street, Sacramento, CA 95820
   (916) 452-3601
   https://lafcc.org/

Opening Doors, Inc.
Empowers immigrants and human trafficking survivors to achieve self-sufficiency by accessing opportunities to economic and social systems. Provides skills development, business loans, and connections to community resources to assist with building financial and personal assets while maintaining cultural identity and individual goals.
   1111 Howe Ave, Sacramento, CA
   (916) 492-2591
   http://www.openingdoorsinc.org
Assistance with Public School Enrollment & English/Special Ed Services

Enrollment Center Sacramento
Provides families in the Sacramento City Unified School District with a more efficient enrollment process and access to district resources at the point of enrollment. If possible, download a registration packet and fill it out before arriving at the enrollment center with other required documents.

5601 47th Avenue (Next to the Serna Center), Sacramento, CA 95824
(916) 643-2400
https://www.scusd.edu/enrollment-center-k-12

Folsom Cordova Adult School
Offers ESL (beginning low to advanced/vocational) and citizenship classes for adults who want to improve their English skills. All classes integrate reading, writing, listening, speaking, and technology. Students must initially register at the school and attend an orientation session. Three locations—Theodore Judah Elementary, Cordova Meadows Elementary, and White Rock Elementary—with varied schedules.

10850 Gadsten Way (C1), Rancho Cordova, CA 95670
(916) 294-9106
https://www.fcusd.org/adulted

Sierra College (Free)
Offers small, tuition-free English classes that incorporate American culture and history, social justice, the environment, and steps to college. (Brochures available in Spanish).

Rocklin Campus, 5100 Sierra College Blvd, Rocklin, CA 95677
(916) 660-8000
https://academics.sierracollege.edu/english-second-language-esl

Mental Health Services

Mental Health Urgent Care Clinic (MHUCC)
Walk-in clinic for individuals with an urgent mental health need. Welcomes anyone regardless of age and ability to pay. Services include a safe space for individuals and families, peer support and on-the spot counseling; crisis interventions, psychiatric evaluations and clinical assessments; referrals and linkages to community resources; and brief medication management services (excluding controlled substances).

2130 Stockton Boulevard, Building 300, Sacramento, CA 95817
(916) 520-2460
https://www.tpcp.org/programs/urgent-care/
Refugee Health Clinic
Provides comprehensive culturally and linguistically appropriate health assessments to newly arriving refugees and asylees. Families are linked to appropriate health, behavioral health and/or dental services for ongoing care. Services are largely supported by a grant through the Office of Refugee Health, California Department of Public Health.

4600 Broadway, Suite 2100, Sacramento, CA 95820
(916) 874-9227
https://dhs.saccounty.net/PRI/Pages/Refugee%20Health/GI-Refugee-Health.aspx

Regional Support Team (RST)
Community-based outpatient mental health clinic with goal to provide directed and culturally-appropriate recovery-based mental health services. Also provides connection to employment and housing services for adults to promote recovery, independence and self-sufficiency. Open to adults who meet eligibility criteria of chronic and persistent mental health diagnosis. Provides individual and group therapy, peer support groups, medication management, coordinated case management, community outreach and services to vocational support.

3810 Rosin Court, Suite 170, Sacramento, CA 95834
(916) 567-4222
https://www.tpcp.org/programs/rst/
For referrals, call the Sacramento County Access Team at (916) 875-1055.

Immigration Legal Services

California Rural Legal Assistance Foundation (Sacramento Office)
Statewide non-profit organization providing immigration legal services and policy advocacy for California’s rural poor, including asylum, citizenship, VAWA, T visas, U visas, and family-based immigration relief.

2210 K Street, Sacramento, CA
(916) 446-7904
http://www.crlaf.org

Immigration Legal Services - Sacramento Food Bank & Family Services
Provides free and low-cost services such as asylum petitions, refugee/asylee petitions, Special Immigrant Juvenile Status petitions, family-based petitions, and citizenship and naturalization applications.

3308 Third Avenue, Sacramento, CA 95817
(916) 313-7604 (Leave voicemail to schedule consultation)
https://www.sacramentofoodbank.org/immigration
Immigration Legal Services – World Relief Sacramento
Provides free and low-cost services including employment authorization cards, asylum petitions, green card applications, adjustment of status, and family reunification petitions.
4616 Roseville Rd. Suite 107, North Highlands, CA 95660
916-978-2650
https://worldreliefsacramento.org/immigration-legal-services

International Rescue Committee
Provides refugee resettlement services, information and referral, assistance with family reunification, and various immigration and citizenship assistance, such as adjustment of status, consular processing, employment authorization and family-based petitions.
2020 Hurley Way, Suite 395, Sacramento, CA 95825
(916) 482-0120
https://www.rescue.org/united-states/sacramento-ca

McGeorge School of Law Immigration Law Clinic
Provides legal services to underserved non-citizens below the poverty level, such as employment authorization cards, asylum applications, adjustment of status, family-based petitions, Naturalization/Citizenship, removal hearings, Special Immigrant Juvenile Status, T visas, Temporary Protected Status (TPS), U visas, and Violence Against Women Act (VAWA) petitions.
3200 5th Ave, Sacramento, CA
(916) 340-6080
Contact: Blake Nordahl, Supervising Attorney
bnordahl@pacific.edu
https://www.mcgeorge.edu/students/academics/experiential-learning/legal-clinics/immigration-law-clinic/

Mil Mujeres
Provides immigration legal services to low-income individuals in the Latino community with a specific focus on survivors of violent and gender-related crimes.
2378 Maritime Drive, Suite 220, Elk Grove, CA 95758
(916) 256-4290
sacramento@milmujeres.org
https://www.milmujeres.org
Opening Doors, Inc.
Provides affordable legal services to refugees, victims of crime and human trafficking, and other low-income individuals, including asylum, U visas, T visas, VAWA petitions, family petitions, adjustment of status, consular processing, Special Immigrant Juvenile Status (SIJS), DACA, Citizenship and Naturalization, Humanitarian Parole, employment authorization documents, removal/deportation defense and other related relief.

1111 Howe Ave, Sacramento, CA
(916) 492-2591
info@openingdoorsinc.org
http://www.openingdoorsinc.org

Sacramento Area Congregations Together (ACT)
24-hour Rapid Response Hotline to provide support to those who are targeted by ICE and to provide resource referrals. Provides Know Your Rights trainings, accompaniment, and information to immigrants in our rapidly changing landscape. Connects to legal support for detention, deportation and asylum proceeding, and accompanies families through the process.

2324 L Street, Ste. 405, Sacramento, CA 95816
(916) 389-8990
http://www.sacact.org/

Immigration Legal Services: Work Authorization

The following organizations also provide work authorization assistance. See Immigration Legal Services above for details on each organization.

- California Rural Legal Assistance Foundation
- Immigration Legal Services - Sacramento Food Bank & Family Services
- Immigration Legal Services – World Relief Sacramento
- International Rescue Committee
- McGeorge School of Law Immigration Law Clinic
- Mil Mujeres
- Opening Doors, Inc.
- Sacramento Area Congregations Together (ACT)

See General Legal Aid Services below for details on each organization.

- Legal Aid Services of Sacramento
- UCD School of Law Immigration Clinic
General Legal Aid Services

California Rural Legal Assistance Foundation (Sacramento Office)
Statewide non-profit organization providing legal services and policy advocacy for California's rural poor. Provides assistance for: Adjustment of Status, Asylum applications, Deferred Action for Childhood Arrivals (DACA), Employment authorization, Family-based petitions, Naturalization/Citizenship, Special Immigrant Juvenile Status, T visas, U visas, Violence Against Women Act (VAWA) petitions.
2210 K Street, Sacramento, CA
(916) 446-7904
http://www.crlaf.org

Catholic Charities of Sacramento
Provides assistance in the following areas of law: Domestic Violence, Immigration, Naturalization. This organization provides free/low-cost immigration legal services for low-income individuals.
Centro Guadalupe, 711 T St, Sacramento, CA 95811
(916) 443-5367
https://www.scd.org/catholic-charities-and-social-concerns/catholic-charities

Legal Aid Services of Sacramento
Provides legal assistance in the following areas of law: Adoption, Bankruptcy, Child Support Collection/Modification, Divorce, Domestic Violence, Driver’s License Problems, Eviction, Foreclosure, Garnishment, Guardianship, Landlord Repairs, Medicaid/Medicare/Title 19, Paternity, Public Housing & Section 8, Repossession, Social Security Disability Income & Overpayments, TANF, Food Stamps, Veterans' Benefits, Wills. This agency does not handle criminal cases.
515 12th St, Sacramento, CA 95814
(916) 551-2150
https://lsnc.net/office/sacramento

UCD School of Law Immigration Clinic (Davis)
Immigration law clinic where attorneys and law students provide legal advice to clients. Call the Clinic by phone to find out if out if they can take your case. If they cannot assist, they will refer you to a legal organization that may help.
UC Davis School of Law Clinical Legal Education
One Shields Avenue Davis, CA 95616
(530) 752-6942
Local Community Groups

Community Resource Project, Inc. (CRP, Inc.)
Non-profit based in Sacramento, founded in 1972 by three Latino community leaders, to provide services to the low-income communities, including employment training, housing, health, and education services.
  250 Harris Avenue, Sacramento, CA 95838
  (916) 567-5220
  https://www.communityresourceproject.org/

La Familia
Hosts a range of ongoing and annual events for community members of all ages like free karate for youth, weekly parenting classes, annual Halloween and Christmas events, Health and Safety Fairs, Job Fairs and Community Workshops.
  5523 34th Street, Sacramento, CA 95820
  (916) 452-3601
  https://lafcc.org/

Sacramento LGBT Community Center
Works to create a region where LGBTQ+ people thrive. They support the health and wellness of the most marginalized, advocate for equality and justice, and work to build a culturally rich LGBTQ+ community.
  1015 20th Street, Sacramento, CA 95811
  (916) 442-0185
  https://saccenter.org/

San Francisco, California

General Social Services

City and County of San Francisco Human Services Agency
Houses three departments, including the Department of Human Services. Includes health and food services, jobs and money services, housing and shelter, and childcare and family services.
  Multiple locations throughout the city
  (415) 557-5000
  https://www.sfhsa.org/

English Language Programs
Arriba Juntos
Provides courses in vocational and basic ESL classes. Also provides specialized training for refugees and asylees. Other services include training for healthcare professions, youth employment services, young adult and GED assistance, technology training in Spanish, and tax services.

1850 Mission Street, San Francisco, CA 94103
(415) 487-3240
http://www.arribajuntos.org/

Catholic Charities of San Francisco
Provides beginner and intermediate ESL courses.
990 Eddy Street, San Francisco, CA 94109
(415) 972-1200
https://www.catholiccharitiesssf.org/

City College of San Francisco
Offers non-credit courses at 6 campuses and 5 levels for general English courses. Provides two levels of vocational ESL courses. Also has Citizenship ESL courses.
50 Frida Kahlo Way, San Francisco, CA 94112
(415) 239-3000
**Refugee and Immigrant Transitions, San Francisco Office**

Offers home-based tutoring, English language and literacy classes, and school-based programs. For school-aged individuals, these school-based programs include socioemotional support and mentoring. Make an appointment by phone or email before going to an office.

870 Market Street (Flood Building), Suite 558, San Francisco, CA 94102
(415) 989-2151
info@reftrans.org
https://www.reftrans.org/

**Job Training & Career Counseling Programs**

See Immigration Legal Services for organizations that assist with Work Authorization.

**Arriba Juntos**

Provides courses in vocational and basic ESL classes. Also provides specialized training for refugees and asylees. Other services include training for healthcare professions, youth employment services, young adult and GED assistance, technology training in Spanish, and tax services.

1850 Mission Street, San Francisco, CA 94103
(415) 487-3240
http://www.arribajuntos.org/

**City and County of San Francisco Human Services Agency**

Includes health and food services, jobs and money services, housing and shelter, and childcare and family services.

Multiple locations throughout the city.
(415) 557-5000
Jobs and Money Services: https://www.sfhsa.org/services/jobs-money

**Entrepreneurship Guide for Refugees and Immigrants**

Online resource available here:

**LEN Institute**

Offers job training within the supportive housing sector.

1254 Market Street, Suite 200, San Francisco, CA 94102
(415) 252-9059
http://www.leninstitute.com/
**Upwardly Global**

*Provides a professional employment program that helps refugees, asylum seekers, and special immigrant visa holders with finding a job. Provides core training, networking, online trainings and tools, industry licensing guides, and coaching.*

582 Market Street, Suite 1207, San Francisco, CA 94104
(415) 834-9901
[https://www.upwardlyglobal.org/](https://www.upwardlyglobal.org/)

**Assistance with Public School Enrollment & English/Special Ed Services**

**Refugee and Immigrant Transitions, San Francisco Office**

*Offers early childhood education programs for children 18 months - 5 years. Includes interpersonal, motor, problem-solving, and language skills assistance. Make an appointment by phone or email before going to an office.*

870 Market Street (Flood Building), Suite 558, San Francisco, CA 94102
(415) 989-2151
[info@reftrans.org](mailto:info@reftrans.org)
[https://www.reftrans.org/](https://www.reftrans.org/)

**San Francisco Unified School District**

*Provides newcomer programming, school choice and enrollment assistance, connection to special education, ESL, and translation services. Also provides college assistance for undocumented children and scholarship resources.*

Refugee and Immigrant Support in Education (RISE)
District Coordinator: Angelina Romano, [romanoa@sfusd.edu](mailto:romanoa@sfusd.edu), (415) 890-5324
Newcomer Services Coordinator: Susana Rivero, [riveroS@sfusd.edu](mailto:riveroS@sfusd.edu), (415) 919-8184.

**Mental Health Services**

**General 24-Hour Access Helpline:** (415) 255-3737

For a master list of mental health clinics see [http://sf-cairs.org/mental-health/](http://sf-cairs.org/mental-health/).

For additional mental health resources in the Bay Area, see [https://www.bayareacommunity.org/#/](https://www.bayareacommunity.org/#/).
Catholic Charities of San Francisco
Provides various mental health and socioemotional support services. Also provides one-on-one guidance.
990 Eddy Street, San Francisco, CA 94109
(415) 972-1200
https://www.catholiccharitiessf.org/

Mental Health Association of San Francisco
Peer-led social justice community for progressive mental health issues. Provides a 24/7 peer-run non-emergency phone number for people seeking emotional support and an online chat service. Also provides one on one peer support, support groups, clinical integration, and job training for prospective public mental health workers.
870 Market Street, Suite 928, San Francisco, CA 94102
(415) 421-2926
info@mentalhealthsf.org

Mission Neighborhood Health Center
Provides a broad range of medical services and mental health services at two different clinics in the Mission neighborhood of San Francisco. Also sponsors a Latino Wellness Center and a Neighborhood resource center.
240 Shotwell Street, San Francisco, CA 94110
(415) 552-1013
http://www.mnhc.org/

SF Suicide Prevention Hotline: 24 Hour Crisis Line
Emergency mental health crisis support line available to call 24 hours a day.
(415) 781-0500
http://www.sfsuicide.org

Trauma Recovery Center & Survivors International
Provides individual psychotherapy for adult refugee, asylee, and asylum-seeking survivors of torture, psychological and medical evaluations for asylum, psychiatric medication management, support groups, primary care referrals, and referrals to local agencies. Also provides resources for victims of violent crime, a rape treatment center, and traumatic brain injury support services.
2727 Mariposa Street, Suite 100 (at Bryant Street), San Francisco, CA 94110
Trauma Recovery Center: (415) 437-3000
Survivors International: (415) 546-2080
http://traumarecoverycenter.org
**Immigration Legal Services**

**Northern California Coalition for Immigrant Rights Assistance Line:** (415) 543-6769


**Catholic Charities of San Francisco, Immigration Center**

*Provides consultations and legal advice for family-based petitions, adjustments of status, waivers, U&T Visas, removal proceedings, and other assistance.*

- 36 37th Avenue, San Mateo, CA 94403
- 990 Eddy Street, San Francisco, CA 94109
- 2873 Mission Street, San Francisco, CA 94110
  
  [https://www.catholiccharitiessf.org/what-we-do/immigration/center.html](https://www.catholiccharitiessf.org/what-we-do/immigration/center.html)

**Central American Resource Center (CARECEN)**

*Immigration legal and social services for Latino, immigrant, and low-income families.*

- 3101 Mission Street #101, San Francisco CA 94110
- (415) 642-4400
  
  [https://carecensf.org/](https://carecensf.org/)

**Immigration Institute of the Bay Area**

*Assists with Employee Authorization Document applications, family reunification services, citizenship services, and deportation defense.*

San Francisco Office
- 1111 Market Street, 4th Floor, San Francisco, CA 94103
- (415) 538-8100 Ext. 206
  
  [https://iibayarea.org/](https://iibayarea.org/)

**La Raza Centro Legal**

*Assists with naturalization and legal status cases and represents victims of workplace or home raids. Provides legal consultations, investigates eligibility, and assists in applying for immigration relief and asylum. Also helps with renewing green cards and work permits and fighting deportation. Also assists with fee waivers and will refer clients to non-profits and low-cost attorneys.*

- 474 Valencia St #295, San Francisco CA 94103
- (415) 575-3500
  
San Francisco Immigrant Support (online resource only): Provides loans to cover application fees and provides a database of organizations offering immigration screenings to see what documents/programs an individual may qualify for.
https://immigrants.sfgov.org/help/screening

Immigration Legal Services: Work Authorization

The following organizations also provide work authorization assistance. See Immigration Legal Services above for details on each organization.
- Immigration Institute of the Bay Area
- La Raza Centro Legal

General Legal Aid Services

For additional legal resources in the Bay Area, see https://www.bayareacommunity.org/#/.

Bay Area Legal Aid, San Francisco Office
Provides general benefits assistance, consumer protection, and domestic violence and sexual assault prevention. Also provides immigration assistance with visa petitions.
1800 Market Street, 3rd Floor, San Francisco CA 94102
(415) 982-4243
https://baylegal.org

Instituto Laboral de la Raza
Provides labor rights education and advocacy. Offers a variety of legal services related to employment
2947 16th Street, San Francisco, CA 94103
(415) 431-7522
lcortez@ilaboral.org
http://www.ilaboral.org/

Oasis Legal Services for LGBTQ asylum seekers
Provides screening for immigration relief, asylum, residency, citizenship, and family petitions for lesbian, gay, bisexual, transgender, and queer immigrants.
(510) 666-6687
https://www.oasislegalservices.org/
Local Community Groups

Catholic Charities of San Francisco
Provides a wide range of health, educational, language, and emotional support services to immigrants.
990 Eddy Street, San Francisco, CA 94109
(415) 972-1200
https://www.catholiccharitiessf.org/

Refugee and Immigrant Transitions, San Francisco Office
Offers a broad range of education, English, family engagement, and community programs. Of special interest is the Women’s Initiative that includes education for mothers and their young children. Make an appointment by phone or email before going to an office.
870 Market Street (Flood Building), Suite 558, San Francisco, CA 94102
(415) 989-2151
info@reftrans.org
https://www.reftrans.org/

San Francisco Coalition of Asylee, Immigrant, and Refugee Services
Holds quarterly meetings and offers a database of all available services for recent arrivals. These include cash aid, food stamps, health benefits, employment, family resources, academic and job education, housing assistance, youth resources, language services, LGBTQ services, senior citizen services, mental health services, and a support hub. Contact via the website.
http://sf-cairs.org
San Jose, California

General Social Services

Family Alliance for Counseling Tools and Resolution (FACTR)
Provides counseling, psycho-educational services, and cultural awareness programs for immigrant families and their children, including on state laws pertaining to child protection, domestic violence, education, immigration and other areas.
480 North First Street, Suite 226, San Jose, CA 95112
(408) 564-5863
https://factr.org/

Mexican American Community Services Agency (MACSA)
Provides counseling, educational programs, programs for seniors, prevention and intervention and health and safety for the broader Latino community.
660 Sinclair Drive, San Jose, CA 95116
(408) 326-0200
http://macsa.org/

Portuguese Organization for Social Services and Opportunities (POSSO)
Provides information and referrals, ESL/citizenship classes, and brown bag groceries to low-income individuals and families each week. It also offers programs regarding immigration and naturalization, legal services, case management and voter registration.
1115 East Santa Clara Street, San Jose, CA 95116
(408) 293-0877
https://portuguesecenter.org/

Sacred Heart Community Service
Provides a broad range of social programs, including assistance with food, housing, utilities, and advocacy. Additionally, citizenship services are also offered in English and Spanish.
1381 South First Street, San Jose, CA 95110
(408) 278-2160
http://www.sacredheartcs.org/
English Language Programs

Amigos de Guadalupe, Center for Justice & Empowerment
Free English program for students who identify themselves as learners of English as a second language. Provides instruction for basic and intermediate learner covers speaking, reading and writing skills (generally Mondays/Wednesdays 6:30pm – 8:30pm). Informational flyer available online in Spanish. *** Free Childcare available for children under 5 years.

1897 Alum Rock Ave #35, San Jose, CA 95116 (Hours: M-F from 9am - 5pm)
(408) 341-6080
info@amigoscenter.com
https://www.amigoscenter.com/

Christ Community Church (Milpitas)
Offers beginning to advanced ESL classes and tutoring to learners of all faith backgrounds. There is a $50 registration fee for materials.

Christ Community Church of Milpitas, 1000 S. Park Victoria Dr. Milpitas, CA 95035
(408) 262-8000
info@cccmilpitas.org
https://www.cccmilpitas.org/esl/

Santa Clara Adult Education Center
Free English classes (beginning literacy to advanced levels) aimed for students hoping to get jobs, further their studies, or merely become more active in their communities. Classes offered Monday to Friday mornings: 9-11:30 am or Tuesday, Wednesday, and Thursdays, 7-9:30 pm. Students must call the center to register for a placement test (call (408) 423-3500, option 1 for the next test date). ** Low cost childcare available first-come first-serve for evening classes.

1840 Benton Street, Santa Clara, CA 95050
To enroll, contact Maikanh Le at (408) 423-3521.
(408) 423-3500
santacralaadulted@scusd.net
https://www.santacralaadulted.org/
Santa Maria Urban Ministry
Offers free adult learning classes, English as a second language (ESL), & basic life skills classes. Provides homework help for parents of school-age children. Classes Monday-Thursday from 10:00 am - 12:00 am.
778 South Almaden Avenue, San Jose, CA 95110 (Corner of Union and Almaden, near downtown SJ)
(408) 292-3314
alfonso.mendez@santamariasj.org
https://www.santamariasj.org/#contact

Silicon Valley Adult Education
Free English (literacy to advanced) and civics classes for non-native speakers to help students obtain jobs, participate in community activities, and use community resources. Textbooks and online resources provided.
760 Hillsdale Avenue, Room 1, San Jose, CA 95136
(408) 723-6450
https://www.metroed.net/svae/english-as-a-second-language-esl

Job Training & Career Counseling Programs
See Immigration Legal Services for organizations that assist with Work Authorization.

Catholic Charities of Santa Clara County: Employment Center
Provides immigrants Employment preparation services; Job development services; Post-employment support services, situational assessment; job readiness (resume writing, interviewing skills, cold calling), job development, placement, and job retention; Job coaching (provides assistance in Spanish).
2625 Zanker Road, Suite 101, San Jose, CA 95134
(408) 325-5285
eila@catholiccharitiesscc.org
https://www.catholiccharitiesscc.org/employment-center

Center for Employment Training (CET)
CET’s job training programs teach marketable skills to people of all educational levels and backgrounds, especially those most in need. Also provides supportive services and job placement assistance.
701 Vine Street, San Jose, CA 95110
(408) 534-5360
https://cetweb.edu/location/san-jose-ca/
Jewish Family Services Connections to Work Program (Los Gatos)
Offers a range of vocational training including career counseling and English language training programs to assist recently arrived refugees and immigrants in finding jobs with local employers.
14855 Oka Road, Suite 202, Los Gatos, CA 95032
Contact: Zoya Lazer, Director of Refugee and Career Services
zoyal@jfssv.org
https://www.jfssv.org/career-counseling-and-employment.html

Nova Young Adult Services (Sunnyvale)
Provides assistance for young adults between ages of 17-24 living in Santa Clara or San Mateo counties, helping them learn how to search for jobs effectively, to explore careers, to find volunteer opportunities, and much more.
505 West Olive Avenue, Suite 630, Sunnyvale, CA 94086
(408) 730-7640 or text (408) 568-7776
youth@novaworks.org
https://youthatwork.org/

Project HIRED
Guides job seekers with disabilities to find and sustain meaningful employment through an array of services designed to promote self-sufficiency and independence, remove barriers, create opportunities, and help participants build successful careers. Career services include: Job Search Workshop; Training Opportunities; Staff Support; Networking. All services are FREE.
1401 Parkmoor Avenue, Suite 125, San Jose, CA 95126
(408) 557-0880
frontdesk@projecthired.org
http://www.projecthired.org

Sacred Heart Community Service
Provides a broad range of social programs, including assistance with food, housing, utilities, and advocacy. Additionally, citizenship services are also offered in English and Spanish.
1381 South First Street, San Jose, CA 95110
(408) 278-2160
info@sacredheartcs.org
http://www.sacredheartcs.org/
Assistance with Public School Enrollment & English/Special Ed Services

**East Side Union High School District**
*Provides resources for enrollment and ensuring children fully benefit from public education and support services, including special education services.*

830 North Capitol Avenue, San Jose, CA 95133  
Contact: Maria Arce  
(408) 347-5083  
arcem@esuhsd.org  
http://www.esuhsd.org/Students--Parents/Instruction/Migrant-Education/index.html

**Franklin-McKinley School District**
*Franklin-McKinley School District is dedicated to meeting the educational needs of all eligible students with disabilities who reside within the District. Website provides a brief overview of the Special Education services offered in the Franklin-McKinley School District. If you have specific questions, please contact the Special Education Department directly at (408) 283-6052. Procedural safeguards in Spanish.*

(408) 283-6052  

**Legal Advocates for Children & Youth**
*Educational Empowerment Project assists students and their caregivers in school enrollment, school discipline, and special education matters.*  
(408) 280-2416  
https://www.lawfoundation.org/legal-advocates-for-children-youth-lacy#

**San Jose Unified Enrollment Center**
*Providing families in the San José Unified School District with a more efficient enrollment process and access to district resources at the point of enrollment. Enrollment Center and Family Resource Center is open Monday through Friday, from 8:00am to 4:00pm, with the last enrollment appointment taken at 3:30pm. Appointments recommended.*

855 Lenzen Avenue, San José, CA 95126  
(408) 535-6412  
https://web.sjusd.org/our-schools/enrollment/?/enrollment/ (English & Spanish)
Mental Health Services

For additional mental health resources in the Bay Area, see https://www.bayareacommunity.org/#/.

Alum Rock Counseling Center
Programs, offered individually or in various combinations focus on early childhood development and parent coaching, youth mentoring, life skills development, truancy reduction & academic assistance, drug & alcohol services (including prevention education), gang-related services, crisis counseling and mobile response, child abuse and neglect prevention, case management, and resource linkage.

1245 East Santa Clara St, San Jose, CA, 95116
(408) 294-0579
https://www.alumrockcc.org/programs/

Family Alliance for Counseling Tools and Resolution (FACTR)
Provides counseling, psycho-educational services, and cultural awareness programs for immigrant families and their children, including on state laws pertaining to child protection, domestic violence, education, immigration and other areas.

480 North First Street, Suite 226, San Jose, CA 95112
(408) 564-5863
https://factr.org/

LGBTQ Youth Space
Counselors are available for those that are not feeling like themselves; want to talk about coming out or transitioning; want to overcome drug habits; want to build stronger relationships; want to boost your confidence level; or just want someone to talk to. Counseling is confidential and is offered in English, Spanish and American Sign Language. Folks between the ages of 13-25 insured through Santa Clara County based Medi-Cal or who are uninsured are eligible for counseling services. Services are free and confidential.

(408) 343-7940 (main number)
(408) 899-5053 (video phoneline for deaf and hard of hearing services)
YouthSpace@FCServices.org
https://youthspace.org/counseling/
**Immigration Legal Services**

**Catholic Charities of Santa Clara County – Immigration Legal Service**  
*Provides citizenship services in English and Spanish, including assessment of eligibility, application assistance, interview preparation, and referrals to English and citizenship classes at offices in San Jose and Gilroy. It also offers resettlement and retraining services for refugees and asylees, including computer and ESL classes, along with many other free social programs for children, adults and seniors.*  
2625 Zanker Road, Suite 200, San Jose, CA 95134  
(408) 468-0100  
[https://www.catholiccharitiesscc.org/](https://www.catholiccharitiesscc.org/)

**Centro de Ayuda Legal para Inmigrantes (CALI)**  
*Nonprofit dedicated to providing immigration legal services to the low-income community. Spanish speakers available.*  
1125 Benton St, Santa Clara, CA 95050  
(650) 938-4041  

**Center for Employment Training (CET) – Immigration Services**  
*Offers immigration and citizenship services and ESL assistance, along with information on citizenship/immigration and risks of applying when one is not eligible.*  
701 Vine Street, San Jose, CA 95110  
(408) 534-5360  
[https://www.cet-icp.org/#top](https://www.cet-icp.org/#top)

**International Rescue Committee**  
*Provides refugee resettlement services, information and referral, assistance with family reunification, and various immigration and citizenship assistance, such as adjustment of status, consular processing, employment authorization and family-based petitions.*  
1210 South Bascom Avenue, Suite 227, San Jose, CA 95128  
(408) 277- 0255  
[https://www.rescue.org/united-states/san-jose-ca](https://www.rescue.org/united-states/san-jose-ca)
Services, Immigrant Rights, and Education Network (SIREN)

Provides direct immigration services and community presentations to explain the complex immigration process. Services include refugee and asylum assistance, citizenship, and family-based petitions. Free walk-in clinic every Thursday 9am - 6pm.

1415 Koll Circle, San Jose, CA
(408) 453-3003 Ext. 106
info@siren-bayarea.org
http://www.siren-bayarea.org

Immigration Legal Services: Work Authorization

The following organizations also provide work authorization assistance. See Immigration Legal Services above for details on each organization.

- Center for Employment Training (CET) – Immigration Services
- International Rescue Committee
- Services, Immigrant Rights, and Education Network Description: Services, Immigrant Rights, and Education Network (SIREN)

General Legal Aid Services

For additional legal resources in the Bay Area, see https://www.bayareacommunity.org/#/.

Lawyers in the Library San Jose

Provides 20-minute general legal consultations by appointment or walk-in if time available. Monday Evenings, 6-8pm. Call number below to schedule appointment.

Dr. Martin Luther King, Jr. Library, 150 E. San Fernando St., San Jose, CA 95113
(408) 808-2382
http://www.sjpl.org/event/lawyers-library

Legal Advocates for Children & Youth

Provides free and confidential legal assistance to children and youth in juvenile dependency, family law, probate guardianship, education matters and numerous other practice areas; advocacy to improve court and community systems designed to protect and promote child welfare; and workshops to educate youth, parents, caregivers and members of the community about issues impacting child welfare and legal rights.

(408) 280-2416
https://www.lawfoundation.org/legal-advocates-for-children-youth-lacy#
Mental Health Advocacy Project (MHAP)
*Free legal help for mental health patient rights.*
4 North Second Street, Suite 1300, San Jose, CA 95113
(408) 294-9730; (408) 280-2420
mhapinfo@lawfoundation.org
https://www.lawfoundation.org/health-program

Local Community Groups

Billy DeFrank LGBTQ+ Community Center
*Provides community, leadership, advocacy, services and support to the Silicon Valley’s LGBTQ People and their Allies.*
938 The Alameda, San Jose, CA 9512
(408) 293-3040
https://www.defrankcenter.org/

Hispanic Foundation of Silicon Valley
*Recognized leader in Hispanic philanthropy in Silicon Valley, inspiring Hispanic families and children to achieve personal greatness.*
1922 The Alameda, Suite 217 San Jose, California 95126
(408) 216-7612
http://www.hfsv.org

Mexican American Community Services (MACSA)
*Works side-by-side with families in Santa Clara County to make sure that everyone, regardless of age, income or background, has the opportunity to learn and grow.*
660 Sinclair Dr, San Jose, California
(408) 326-0200
http://macsa.org/

Sacred Heart
*Policy and Organizing program trains volunteer community leaders how to channel their influence and work collectively to address the root causes of poverty and build meaningful relationships with neighbors and community allies through intentional conversations. For more information, please call 408-613-7225 or email.*
1381 South First Street, San Jose, CA 95110
(408) 278-2160
info@sacredheartcs.org
http://www.sacredheartcs.org/